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The risk of leptospirosis and recreational activities based around freshwaters

Leptospirosis is due to a bacterium that can infect humans through exposure to water contaminated by urine of infected rodents. It is a potentially serious disease.

SYMPTOMS

If within 3 weeks after
freshwater activity you have

1

Fever (> 38,5°C)

2

Headache

3

Muscle and joint aches



IT MIGHT BE LEPTOSPIROSIS !

Quickly consult a general practitioner

The earlier the care is, the more effective it is

PREVENTION



I avoid swimming

I take a soapy shower promptly after



I clean my equipment
with potable water



In case of wound (cuts or scratches) :

- I clean it with potable water and soap
- I disinfect it
- I cover it with waterproof bandages and dressing

Leptospirosis is a notifiable disease since August 2023.
It must be notified to ARS Bretagne by clinicians or biologists.
Visit our website « bretagne.ars.sante.fr » for more informations.

